

**Maryland Youth Crisis Hotline
Western Maryland**

For the Youth of Allegany, Frederick, Garrett & Washington Counties

<http://www.femha.org/hotline.htm>

24 hours/7 days

- Maryland Youth Crisis Hotline
1-800-422-0009
- Crisis Hotline
(301) 662-2255
- Home Alone Phone Friend for Kids
(301) 694-8255
- Parent Stress Line
(301) 622-2255

Call 2-1-1
Information and Referral Crisis Intervention
1-866-411-6803
www.211md.org